



FAMILY SUPPORT NEWSLETTER

SUMMER 2025

BOOKINGS OPEN AT 7PM ON FRIDAY 7 FEBRUARY 2025
MUMS RETREAT
 APPLICATION LINK INCLUDED

Social opportunities for the families of children and young adults with disability, living in Melbourne's outer east. A variety of affordable outings, camps and weekends away for parents and carers, siblings and grandparent carers to relax and unwind, meet others and build their community.

Social Dinners

MARCH DINNER

Royal Time Indian Restaurant
 When: Tuesday 4 March, 6pm – 8pm
 Where: Main St, Lilydale
 Cost: \$15 – drinks at own cost
 Book: www.trybooking.com/CYJZI

APRIL DINNER

The Coach
 When: Wednesday 2 April, 6-8pm
 Where: 33 Maroondah Hwy, Ringwood
 Cost: \$15 – drinks at own cost
 Book: www.trybooking.com/CYFXJ

MAY DINNER

Sketti Italian
 When: Thursday 8 May, 6-8pm
 Where: Knoz Ozone, Wantirna South
 Cost: \$15 – drinks at own cost
 Book: www.trybooking.com/CYFVR

MUMS RETREAT 2025

EXPRESSION OF INTEREST NOW OPEN!

When: Friday 13 – Sunday 15 June, 2025
 Where: Silverwater Resort, San Remo
 To express interest, fill out this form:
<https://forms.gle/Post9HY4e4jnN6Ru6>
 Applications close: Sunday 30th March.

All welcome.

Families do not need to be registered with IOE to be involved.

Carer Support

Our Carer Support Program gives parents and carers of children and young adults with disability the chance to connect with each other in a relaxed and social environment.

ART CLASS FOR CARERS

When: Tuesday 18 March / 29 April / 20 May, 10am – 12pm
 Where: IOE, Boronia
 Cost: \$10
 Book: www.trybooking.com/CYBZI

MORNING MELODIES & LUNCH

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 When: Thursday 6 March / 3 April / 1 May, 10am – 1pm
 Where: Ferntree Gully Hotel
 Cost: \$10
 Book: www.trybooking.com/CYBZE

Elton John & The Divas @ Karralyka Theatre

When: Saturday 1 March, 7pm – 10.30pm
 Where: Karralyka Theatre, Ringwood North
 Cost: \$25
 Book: www.trybooking.com/CYBZO

Yayoi Kusama Exhibition @ NGV

When: Friday 4th April, 7pm – 10pm
 Where: NGV, St Kilda Rd, Melbourne
 Cost: \$20
 Book: www.trybooking.com/CYJMX

Burwood Teppanyaki House

When: Friday 9 May, 7:30pm – 10pm
 Where: Burwood Teppanyaki House, Burwood East
 Cost: \$30 (drinks at own cost)
 Book: www.trybooking.com/CYJPI

Sibling Support



Our Sibling Support Program gives children and teens, who have a brother or sister with a disability the chance to have fun and make friends with others who understand their situation. To access the program you must have a

sibling with a disability. This program is not for individuals who have a disability themselves. Activities and camps for siblings are FREE to attend, thanks to the generous support of Freemasons Victoria.

SIBLINGS SCHOOL HOLIDAY ACTIVITY (5 -12 years) – Healesville Sanctuary

When: Tuesday 8 April, 10am – 5pm
Where: Transport from IOE, Ferntree Gully
Book: www.trybooking.com/CYCAR

SIBLINGS SCHOOL HOLIDAY ACTIVITY (12- 17 Years) - Melbourne Cable Park

When: Tuesday 15 April, 10am – 5pm
Transport: From IOE, Ferntree Gully
Book: www.trybooking.com/CYJOD

SIBLINGS ALL AGES ACTIVITY (5-17 years) – Archie Brothers Cirque Electriq

When: Saturday 3 May, 10am – 5pm
Transport: From IOE, Ferntree Gully
Book: www.trybooking.com/CYKGU

YOUNG ADULT SIBLINGS SOCIAL GROUP (16-24 years) Karaoke and dinner

When: Friday 30 May, 7pm – 10:30pm
Where: Transport from IOE, Ferntree Gully
Book: www.trybooking.com/CYKJN

Grandparent Carers

FREE get-togethers to recognise the unique role of grandparents who are full-time carers/guardians of their grandchild(ren) with disability. Connect with others who share this role and enjoy some company.

MARCH LUNCH – Dorset Gardens Hotel

When: Wednesday 19 March, 12-2pm
Where: 335 Dorset Rd, Croydon
Cost: Free (drinks at own cost)
Book: www.trybooking.com/CYCAJ

APRIL LUNCH – Sketti Italian

When: Thursday 24 April, 12-2pm
Where: Knox Ozone
Cost: Free (drinks at own cost)
Book: www.trybooking.com/CYFVA

MAY LUNCH – Lockavore Studio

When: Monday 12 May, 12-2pm
Where: 148-154 Main Street Lilydale,
Cost: Free (drinks at own cost)
Book: www.trybooking.com/CYFYA

Mums Social Group

Flower Bouquet Arrangement Workshop

When: Sunday 15 March, 5pm – 7:30pm
Where: Harvest Homestead, Upwey
Cost: \$25
Book: www.trybooking.com/CYBZW

Peninsula Hot Springs, Bath House Bathing

When: Sunday 18 May, 9am – 6pm
Where: 140 Springs Lane, Fingal
Cost: \$35
Book: www.trybooking.com/CYKFA

CROCS FAMILY PLAY SESSION

When: Saturday 22 March, 5-8pm
Where: Crocs Playcentre, Ringwood
Cost: \$5 per person
BOOK: www.trybooking.com/CYCAO
*Other dates for 2025 can be booked in now
Saturday 28 June, Saturday 13 September,
Saturday 6 December*